INTRODUCTION TO COUNCILS, CHAPTERS, AND RECRUITMENT

Fraternity and Sorority Life at Appalachian State
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It's All Greek to Me

A Glossary of Greek Life Terminology

**Active:** The term used to describe a current undergraduate member of an organization

**Bid:** The formal invitation extended to a potential new member to join an organization

**Big Brother/Big Sister:** An older chapter member who serves as a role model/mentor for the new member

**Chapter:** The local collegiate membership of a national organization

**Charter Year:** The year an organization officially started their chapter on Appalachian's campus

**Initiation:** A respective chapters ritual for inducting new members into their organization

**Intake:** A term typically used by NPHC chapters to describe their process of selecting new members

**Legacy:** Someone who is going through recruitment that has a relative who is an alumni of an organization

**New Member Presentation/Probate:** A public initiation ceremony where new members are displayed to the rest of campus

**Sister:** An active member of a sorority

**Stepping:** Often a combination of dancing and musical entertainment that is common amongst multicultural greek organizations

**Brother:** An active member of a fraternity

**Recruitment:** The process of selecting new members for an organization

**Potential New Member (PNM):** An individual who is attempting to join an organization (hopefully you!)
The Panhellenic Council at Appalachian is comprised of 10 undergraduate women who oversee the operation of the 10 recognized national Panhellenic organizations on Appalachian State's campus. The Panhellenic Council works to ensure the success of each chapter and their respective members by striving to enhance each member's college experience.

When an undergraduate woman joins an organization housed under the Panhellenic Council, she is afforded the opportunity to grow on campus through countless service and leadership opportunities. The unique and long lasting friendships cultivated through sorority life make Appalachian not just a University, but a home.

**Hannah Howell**
Panhellenic President

"Being a member of the Panhellenic community has completely changed my life. It has provided me with the biggest support system and forever friends. I am so thankful for the time I have spent serving and being a part of this community."
# Panhellenic Recruitment Calendar

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Greek Cookout</td>
<td>Aug. 17</td>
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<tr>
<td>Boards Round, Day 1</td>
<td>Aug. 23</td>
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<tr>
<td>Boards Round, Day 2</td>
<td>Aug. 24</td>
</tr>
<tr>
<td>Philanthropy Round</td>
<td>Aug. 25</td>
</tr>
<tr>
<td>Sisterhood Round</td>
<td>Aug. 30</td>
</tr>
<tr>
<td>Preference Round</td>
<td>Aug. 31</td>
</tr>
<tr>
<td>Bid Day!</td>
<td>Sep. 1</td>
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</tbody>
</table>

Scan the QR code to sign up for Panhellenic Formal Recruitment!

Follow us on Instagram @appstatepanhellenic to meet our chapters and get recruitment information!
Alpha Delta Pi
Zeta Mu Chapter

Charter Year: 1975
Colors: White and Azure Blue
Symbol: Diamond
National Philanthropy: Ronald McDonald House Charities
Instagram: @adpi_appstate

Alpha Gamma Delta
Nu Alpha Chapter

Charter Year: 2014
Colors: Red, Buff, and Green
Symbol: Squirrel
National Philanthropy: Fighting Hunger
Instagram: @appalphagams
Alpha Omicron Pi
Sigma Gamma Chapter

Charter Year: 2009
Color: Cardinal
Symbol: Panda Bear
National Philanthropy: The Arthritis Foundation
Instagram: @aoiitappstate

Alpha Phi
Theta Nu Chapter

Charter Year: 1991
Colors: Bordeaux and Silver
Symbol: Ivy
National Philanthropy: The Alpha Phi Foundation
Instagram: @appstateaphi
Chi Omega
Pi Kappa Chapter

Charter Year: 1974
Colors: Cardinal and Straw
Symbol: Owl and Skull and Crossbones
National Philanthropy: Make-a-Wish Foundation
Instagram: @appstate_chiomega

Delta Zeta
Lambda Phi Chapter

Charter Year: 1973
Colors: Rose and Green
Symbol: Turtle
National Philanthropy: Starkey Hearing Foundation
Instagram: @appstatedz
Kappa Delta
Epsilon Epsilon Chapter

Charter Year: 1973
Colors: Olive Green and Pearl White
Symbol: Dagger
National Philanthropy: Prevent Child Abuse America and Girl Scouts of America
Instagram: @asukappadelta

Phi Mu
Lambda Beta Chapter

Charter Year: 1982
Colors: Rose and White
Symbol: Quatrefoil
National Philanthropy: Children's Miracle Network
Instagram: @phimu_appstate
Sigma Kappa
Theta Alpha Chapter

Charter Year: 1985
Colors: Lavender and Maroon
Symbol: Dove
National Philanthropy: Alzheimer's Foundation
Instagram: @sigmakappaaasu

Zeta Tau Alpha
Lambda Kappa Chapter

Charter Year: 2012
Colors: Turquoise Blue and Steel Gray
Symbol: Five-pointed Crown
National Philanthropy: Breast Cancer Education
Instagram: @appstatezta
The Interfraternity Council was established in 1973 as the governing body of the men's social fraternities. The Interfraternity Council is comprised of 15 fraternities on Appalachian State's campus and is lead by ten executive members and two delegates from each chapter.

Even though each fraternity is unique, the Interfraternity Council helps to unify the individual chapter members to make the fraternal community stronger. The council works to promote scholarship, community service, social development and personal development among the men's organizations.

Brandon Brothers
Interfraternity Council President

"The reason I enjoy being a part of IFC here at App is the unique atmosphere that surrounds our Greek culture. Within the Interfraternity Council all of our chapters have distinct values that shine light on success in different ways."
# IFC Recruitment Calendar

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time/Location</th>
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<tbody>
<tr>
<td>IFC Cookout and Kickoff</td>
<td>Aug. 25, 12 p.m. - 5 p.m. @ Sanford Mall</td>
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<tr>
<td>Potential New Member Info Sessions</td>
<td>8/27: 7 p.m. Parkway Ballroom</td>
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<td></td>
<td>9/4: 7 p.m. Blue Ridge Ballroom</td>
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<tr>
<td></td>
<td>9/6: 7 p.m. Parkway Ballroom</td>
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<tr>
<td>Preference Dinners</td>
<td>Sep. 9 - Sep. 12</td>
</tr>
<tr>
<td>Bid Day</td>
<td>Sep. 13</td>
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</tbody>
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Scan the QR code to sign up for fraternity recruitment!

Follow us on Instagram @appstateifc to meet our chapters and get recruitment information!
Alpha Epsilon Pi
Mu Theta Chapter

Charter Year: 2019
Colors: Blue and Gold
Symbol: Lion
National Philanthropy: Repair the World
Instagram: @appstateaepi

Alpha Sigma Phi
Epsilon Rho Chapter

Charter Year: 2018
Colors: Cardinal Red and Stone Grey
Symbol: Phoenix
National Philanthropy: RAINN, Aware Awake Alive, Humane Society, Big Brothers of America, and Homes for our Troops
Instagram: @appstate_alphasig

Alpha Tau Omega
Iota Pi Chapter

Charter Year: 1991
Colors: Azure Blue and Old Gold
Symbol: Heraldic Cross Pattee
National Philanthropy: The ALS Association
Instagram: @ato_appstate
Delta Tau Delta
Iota Kappa Chapter
Charter Year: 2007
Colors: Purple and Gold
Symbol: Purple Iris
National Philanthropy: Juvenile Diabetes
Instagram: @appstatedelts

Delta Chi
Appalachian State Chapter
Charter Year: 1986
Colors: Red and Buff
Symbol: The Knight-Errant
National Philanthropy: Jimmy V Foundation
Instagram: @deltachiappstate

Delta Sigma Phi
Iota Lambda Chapter
Charter Year: 2015
Colors: Green and White
Symbol: Sphinx
National Philanthropy: American Red Cross
Instagram: @appstatedeltasig
Phi Gamma Delta  
Beta Nu Chapter

Charter Year: 2009  
Colors: Royal Purple  
Symbol: Snowy Owl  
National Philanthropy: Western Youth Network  
Instagram: @appstatephigam

Kappa Alpha Order  
Delta Psi Chapter

Charter Year: 1976  
Colors: Crimson and Gold  
Symbol: Cannon  
National Philanthropy: Muscular Dystrophy  
Instagram: @appstateka

Kappa Sigma  
Lambda Nu Chapter

Charter Year: 1972  
Colors: Emerald Green and Scarlet Red  
Symbol: Star and Crescent  
National Philanthropy: Military Heroes Campaign  
Instagram: @appkappasigma
Lambda Chi Alpha
Sigma Upsilon Chapter

Charter Year: 1975
Colors: Green, Purple, and Gold
Symbol: Lion and White Rose
National Philanthropy: Feeding America
Instagram: @appstatelca

Phi Sigma Kappa
Delta Octaton Chapter

Charter Year: 2017
Colors: Silver and Red
Symbol: Triple T's
National Philanthropy: Special Olympics
Instagram: @phisigappstate

Pi Kappa Phi
Delta Zeta Chapter

Charter Year: 1973
Colors: Royal Blue, White, and Gold
Symbol: Star and Lamp
National Philanthropy: The Ability Experience
Instagram: @appstatepikapp
Sigma Alpha Epsilon
NC Epsilon Chapter

Charter Year: 2008
Colors: Royal Purple and Old Gold
Symbol: Lion and Phoenix
National Philanthropy: Children's Miracle Network
Instagram: @appstatesae

Sigma Nu
Kappa Epsilon Chapter

Charter Year: 2013
Colors: Black, Gold, and White
Symbol: Serpent
National Philanthropy: Helping Hand Initiative
Instagram: @sigmanuappstate

Theta Chi
Theta Omega Chapter

Charter Year: 1995
Colors: Military Red and White
Symbol: Rattlesnake
National Philanthropy: The United Service Organization
Instagram: @thetachiappstate
The National Pan-Hellenic Council (NPHC) serves as the governing council for nine historically Black fraternities and sororities, also known as the Divine Nine. Seven of the nine are currently represented at Appalachian State University. Each semester, the respective organizations that make up this council sponsor campus-wide events such as an NPHC carnival, the homecoming Step Show, and a Spring Stroll-Off.

Additionally, the council fosters interaction among its organizations through student leadership development and community service initiatives. Members of NPHC often hold many leadership roles on Appalachian's campus and can be seen advocating for and educating our community.

**Kenedy Singletary**  
National Pan-Hellenic President

"As NPHC President, I have learned a lot about all of the Divine Nine organizations. One of my main goals as President was to influence our NPHC chapters to build better relationships and also to build stronger relationships with MGC, PHC, and IFC."
Alpha Kappa Alpha Sorority, Incorporated
Omicron Kappa Chapter

Charter Year: 1987
Colors: Salmon Pink and Apple Green
Symbol: Ivy Leaf
Instagram: @omicronkappa1908

Alpha Phi Alpha Fraternity, Incorporated
Phi Nu Chapter

Charter Year: 1985
Colors: Black and Old Gold
Symbol: The Great Sphinx
National Philanthropy: March of Dimes, Brother's Keeper, Go-to-High School Go-to-College, A Voteless People is a Hopeless People
Instagram: @pinualphas
Kappa Alpha Psi
Fraternity, Incorporated
Mu Upsilon Chapter

Charter Year: 1983
Colors: Krimson and Kreme
Symbol: Diamond
National Philanthropy: St. Judes Children's Research Hospital, Kappa League, the Hope Foundation
Instagram: @appstatenupes

Omega Psi Phi
Fraternity, Incorporated
Psi Mu Chapter

Charter Year: 1984
Colors: Royal Purple and Old Gold
Symbol: Lamp
National Philanthropy: Scholarship Fund, St. Judes Children's Hospital
Instagram: @viciouspsimu1984
Delta Sigma Theta
Sorority, Incorporated
Rho Theta Chapter

Charter Year: 1991
Colors: Crimson and Creme
Symbol: Fortitude and Pyramid
National Philanthropy: Economic Development, Educational Development, International Awareness & Involvement, Physical & Mental Health Awareness, Political Awareness and Involvement
Instagram: @dst_rhottheta

Phi Beta Sigma
Fraternity, Incorporated
Alpha Alpha Rho Chapter

Charter Year: 1992
Colors: Royal Blue and Pure White
Symbol: Dove
National Philanthropy: March of Dimes, St. Jude's Children's Research Hospital
Instagram: @appstatesigmas

Zeta Phi Beta
Sorority, Incorporated
Mu Omicron Chapter

Charter Year: 1993
Colors: Royal Blue and White
Symbol: Dove
National Philanthropy: March of Dimes, Stork's Nest, Prematurity Awareness, Impacting the local community, American Cancer Society, Zetas Get Engaged
Instagram: @muomicron1920
The Multicultural Greek Council (MGC) at Appalachian State University was officially established on April 24, 2019. Currently, the organizations that make up the council are Chi Upsilon Sigma National Latin Sorority, Incorporated and Lambda Sigma Upsilon Latino Fraternity, Incorporated. The purpose of MGC is to provide a council for Greek organizations that contribute specifically to diversity and inclusion on our campus.

We strive to serve all MGC organizations as a support group and governing body in the events and communities, to promote multicultural awareness, and to improve relations among all campus fraternities and sororities. Our goal is to develop exceptional individuals through building professional and interpersonal relationships, advocating for common issues, and by creating sense of family through friendship, active support, trust, and respect.

@appstatemgc
Chi Upsilon Sigma National Latin Sorority, Inc.  
Beta Chi Chapter

**Charter Date:** November 1, 2015  
**Colors:** Red, Black, and Beige  
**Symbol:** The Almighty Owl  
**National Philanthropy:** I Have a Dream Foundation  
**Instagram:** @CUS_BetaChi

Lambda Sigma Upsilon Latino Fraternity, Inc.  
Sacbe Chapter

**Charter Date:** April 9, 2019  
**Colors:** Baby Blue and White  
**Symbol:** The Taino Indian  
**National Philanthropy:** HIV and AIDS Research  
**Instagram:** @appstate_upsilons